



WELCOME TO ARO BRACES 101 !!

Congratulations! The journey towards your new smile is right around the corner!

Please watch our video located on our website at

www.beachbraces.com/appliancevideo

prior to your insert appliance appointment.

Bring this completed questionnaire with you and receive 1 Beach Buck for each correct answer!

- 1. Separator is placed to create space. True or False*
- 2. Your teeth don't get sore from the separators? True or False*
- 3. The separators color in the video is green? True or False*
- 4. You can eat chewy sticky things after the separators are placed? True or False*
- 5. Call the office immediately if the separators fall out? True or False*
- 6. The patient helps to seat the band using a bite stick. True or False*
- 7. The technician uses a cotton roll to remove the glue. True or False*
- 8. A Nance stay in your mouth for 5 years? True or False*
- 9. A Quad Helix helps correct a crossbite. True or False*
- 10. A Quad Helix stay in your mouth for 7-9 months True or False*
- 11. A Rapid Palatal Expander is also know as a RPE? True or False*
- 12. An RPE is used to widen the upper arch. True or False*
- 13. A UBEA is sometimes called a turtle? True or False*
- 14. The teeth need to be dirty when inserted the UBEA. True or False*
- 15. You usually turn the UBEA 1 x per day? True or False*