



WELCOME TO ARO BRACES 101 !!

Congratulations! The journey towards your new smile is right around the corner!

Please watch our video located on our website at

www.beachbraces.com/banding-video

prior to your banding appointment.

Bring this completed questionnaire with you and receive 1 Beach Buck for each correct answer!

- 1. The technician applies tooth conditioner for a total of 1 minute? True or False*
- 2. A light is used to harden the glue? True or False*
- 3. Archwires moves the teeth? True or False*
- 4. The elastic chain is the color purple? True or False*
- 5. Loose and broken brackets will delay treatment. True or False*
- 6. When you have a loose or broken bracket, you need to call our office. True or False*
- 7. We use buildups to prevent brackets from coming off when you have a deep bite. True or False*
- 8. Eating hard, chewy things is essential to a great orthodontic outcome? True or False*
- 9. You need to angle your toothbrush on a 45 degree angle. True or False*
- 10. It is important to brush our tongue to prevent bad breath. True or False*
- 11. A toothbrush is all you need to remove plaque in between your braces. True or False*
- 12. Floss reaches areas the toothbrush doesn't. True or False*
- 13. Bagels are ok to eat when you have braces. True or False*
- 14. Eating hard things is one of the top reason for broken brackets or appliances. True or False*
- 15. Braces stay on too long when you don't wear your rubber bands as directed. True or False*